

# **SUBSCONSCIOUS**

1213 Amsterdam Ave. Tel. 212- 864-2720  
**Free Delivery**

**Our Sandwiches are the Best.**



**A Complimentary Small Hot Soup with Any Sandwich.**

**Final Exam-** Philly Steak, Peppers, Onions, Bacon, 2 eggs, Cheddar, Aoili on a Sub or Roll, Wrap.

**Nuclear Sub-** Philly Steak, Peppers, Jalapenos, Hot peppers, Provolone, Hot Sauce on a Sub or Roll, Wrap.

**G.P.A.-** Chicken Cutlet, American Cheese, Avocado, Let. & Tom. Ranch Dressing on a Sub or Roll, Wrap.

**Quiz-** Chicken Cutlet, Cheddar, Grilled Onions, Lettuce, B.B.Q. Sauce on a Sub or Roll, Wrap.

**Pastrami Salami-** Hot Pastrami, Turkey, Salami, Cheddar, Onions, Hot Peppers, Mustard on a Sub or Roll, Wrap.

**Fuggedaboutit-** Hot Pastrami, Cheddar, Onions, Spicy Mustard on a Sub or Roll, Wrap.

**Grilled Chicken Aoili-** Grilled Chicken, House Cut Tomatoes, Aoili on a Sub or Roll, Wrap.

**Chicken Cheese Steak-** Grilled Chicken, Provolone, Grilled Onions, Aoili on a Sub or Roll, Wrap.



**Turkey Avocado-** Grilled Turkey, Avocado, Tomatoes, Red Onions, Chipotle Sauce on a Sub or Roll, Wrap.

**House turkey-** Grilled Turkey Let. & Tom. Salt, Bk. Pepper, Mayo on a Sub or Roll, Wrap.

**Avocado BLT-** Avocado, Crispy Bacon Lettuce and Tomatoes, Aoili on a Sub or Roll, Wrap.

**I.Q.-** Tilapia, Jack Cheese, Lettuce and Tomatoes, Red Onions, Chipotle Mayo on a Sub or Roll, Wrap.

**Work of Art-** Albacore Tuna, Tomatoes, Bk. Olives, Roasted peppers, oil and Vinegar, on a Sub or Roll, Wrap.

**Vegan Wrap-** Avocado, Sautéed Peppers and Onions, Tomatoes, Quinoa, Aoili on a Wheat Wrap.

**Ultimate Veggie-** Peppers, Onions, Mushrooms, olives, Pickles, Cheddar, Swiss, Let. Tom. On Sub or Wrap.

**Girls Night Out-** Avocado, Provolone, Lettuce and Tomatoes, Fat-Free Lemon Herb Dressing on a Sub or Wrap.

**Italian-** Ham, Cappicola, Salami, Provolone, Let. & Tom. Hot Peppers, Oil and Vinegar on a Sub.



# AND SALADS

## FRUITS AND SWEETS

- Seasonal Fruit Bowl Per Person 5<sup>95</sup>  
a selection of sliced fruits
- Fresh Vegetable Platter Per Person 6<sup>95</sup>  
Fresh vegetables served with dressing
- Cookie Platter Per Person 4<sup>95</sup>  
Assorted fresh baked cookies
- Bakery Platter Per Person 5<sup>95</sup>  
A generous arrangement of brownies, blondies and cookies
- Sweet and Healthy Platter Per Person 7<sup>95</sup>  
Freshly sliced fruits, delectable brownies, and cookies

### Notes

- All catering orders must be placed 48 hours in advance.
- Same day orders subject to price increase.
- No substitutions on catering packages.
- All catering orders include plates, cups, napkins, utensils and condiments as required



# CATERING MENU

1215 Amsterdam Ave.  
(Between 119th & 120th Street)  
New York, NY 10027  
T: 212.864.2720  
F: 212.864.2722

Please place your orders at  
**SUBS1213@GMAIL.COM**

Minimum Order  
10 People

Major Credit Cards Accepted  
House Accounts Welcome  
Call or Fax your order

[www.subsconscious.com](http://www.subsconscious.com)

Bagels & Spreads

Grilled Panini

Philly Steak Subs

Wrap Sandwiches

Designer Salads

Classic Sandwiches

Hearty Soups

Baked Goods

Breakfast Sandwiches

Fresh Desserts

Gourmet Foods

Snack foods



# LUNCH AND DINNER

# FRUITS

## SANDWICH PLATTER

Your choice of assorted 10" cold subs or sliced bread or wraps, on a platter, with cans of soda and choice of chips or cookies

Up to 5 People 65

Up to 10 People 115

Up to 20 People 230

Up to 50 People 530

Cold Subs Per Person 12<sup>50</sup>

(Box Lunch Style)

Your choice of any 10" cold sub, plus chips & can of soda

Hot Subs Per Person 13<sup>50</sup>

(Max 15 people)

(Box Lunch Style)

Your choice of sub: Cheese Steak, Grilled Chicken, Chicken Cutlet, or Grilled Veggie, plus chips & can of soda

Specify your order here:

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## COLD CUT PLATTER

Your choice of assorted cold cuts and cheeses, sliced bread, potato or cole slaw or macaroni salad, and cans of soda

Up to 10 People 125

Up to 20 People 230

## PARTY HEROS

Your choice of ONE of the following ( please circle):

- The Italian
- The All American
- The Super Veggie
- The Tuna Supreme
- The Hammy
- The Triple Cheese
- The Turkey Tremendous
- Grilled Chicken (add 15<sup>00</sup>)
- Breaded Chicken (add 15<sup>00</sup>)

3 Ft. Hero (serves 12-15 people) 115

6 Ft. Hero (serves 25-30 people) 215

Specify your order here:

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## SALADS

Garden Salad Tray 50  
Romaine lettuce, cucumber, onion, tomato, carrots

Serves 8-10 people

Greek Salad Tray 55  
Romaine lettuce, tomatoes, cucumber, bell peppers, red onion, black olives, feta cheese, oregano, oil & vinegar

Serves 8-10 people

Caesar Salad Tray 50  
Romaine lettuce topped with crispy croutons, sprinkled with parmesan cheese.

Serves 8-10 people

Chicken Caesar Salad Tray 75  
Romaine lettuce, chopped grilled chicken, crispy croutons, sprinkled with parmesan cheese.

Serves 8-10 people

Pasta Salad Tray 55  
cold pasta

Serves 8-10 people

Side Salads Tray 55  
Macaroni, cole slaw or potato salad tray

Serves 8-10 people

Your choice of dressings



# Subconscious Hot Food Catering Menu

1213 Amsterdam Ave. New York, NY 10027 Tel. 212-864-2720

**10 People Minimum. Choose One Main Ingredient with 2  
Sides. \$17.95**

Roasted Pork "Pernil"

Rosemary Roasted Chicken

Chicken Marsala

Chicken Corden Blue

Chicken Fajita

Chicken Tabasco "Spicy Creamy"

Chicken Tinga Mexican Style

Chicken Parmesan

Sweet and Sour Chicken

Chicken Broccoli

Chicken Breaded Cutlet cut in strips

Grilled Charcoaled Chicken "Healthy Package"

Salisbury Steak

Beef Stew

Steak and Onions

Sausages and Peppers

Fried Tilapia

Baked Salmon in Lemon Buttered Sauce \$23.95 per Person, 10 Minimum.

## Sides

Rice Pilaf - Mashed Potatoes - Linguine in Marinara Sauce – Baked Ziti

Penne Pasta in Vodka Sauce – Macaroni and Cheese – Roasted Potatoes

House Salad – Caesar Salad – Greek Salad – Mixed Vegetables.